



Johnston Ridge Observatory

Learn to "read" the effects of the 1980 eruption on the land from this visitor center that sits only 5 1/2 miles from the crater. Discover that the eruption of Mount St. Helens was more than just a single event. See first hand how scientists continue to monitor this active volcano. The center includes: exhibits with a geological focus, a 16-minute theater program, ranger-led programs, and a bookstore. Open daily 10am to 6pm May through October. Closed in Winter. A Monument Pass is required and available here. No pets are allowed at viewpoints or on trails.



Coldwater Ridge Visitor Center

Discover the plants and animals that are returning and thriving at Mount St. Helens and uncover the secrets of their survival. The center includes: interactive exhibits with an ecological focus, ranger-led programs, bookstore, gift shop, and restaurant. Open daily 10am to 6pm May through October. Winter hours and days are reduced. Be sure to check our website or call ahead before visiting November thru May. A Monument Pass is required and available here. No pets are allowed at viewpoints or on trails.

Coldwater Lake Recreation Area

When the summit of Mount St. Helens collapsed, streams were blocked, causing new lakes to form. The largest of these is Coldwater Lake which is 3 1/2 miles long and 200 feet deep. A day use area offers a boat launch, picnic area, restrooms, fish cleaning station and an interpretive boardwalk to see the new life of the lake up close. Washington State fishing regulations apply. A Monument pass is required. No pets allowed.

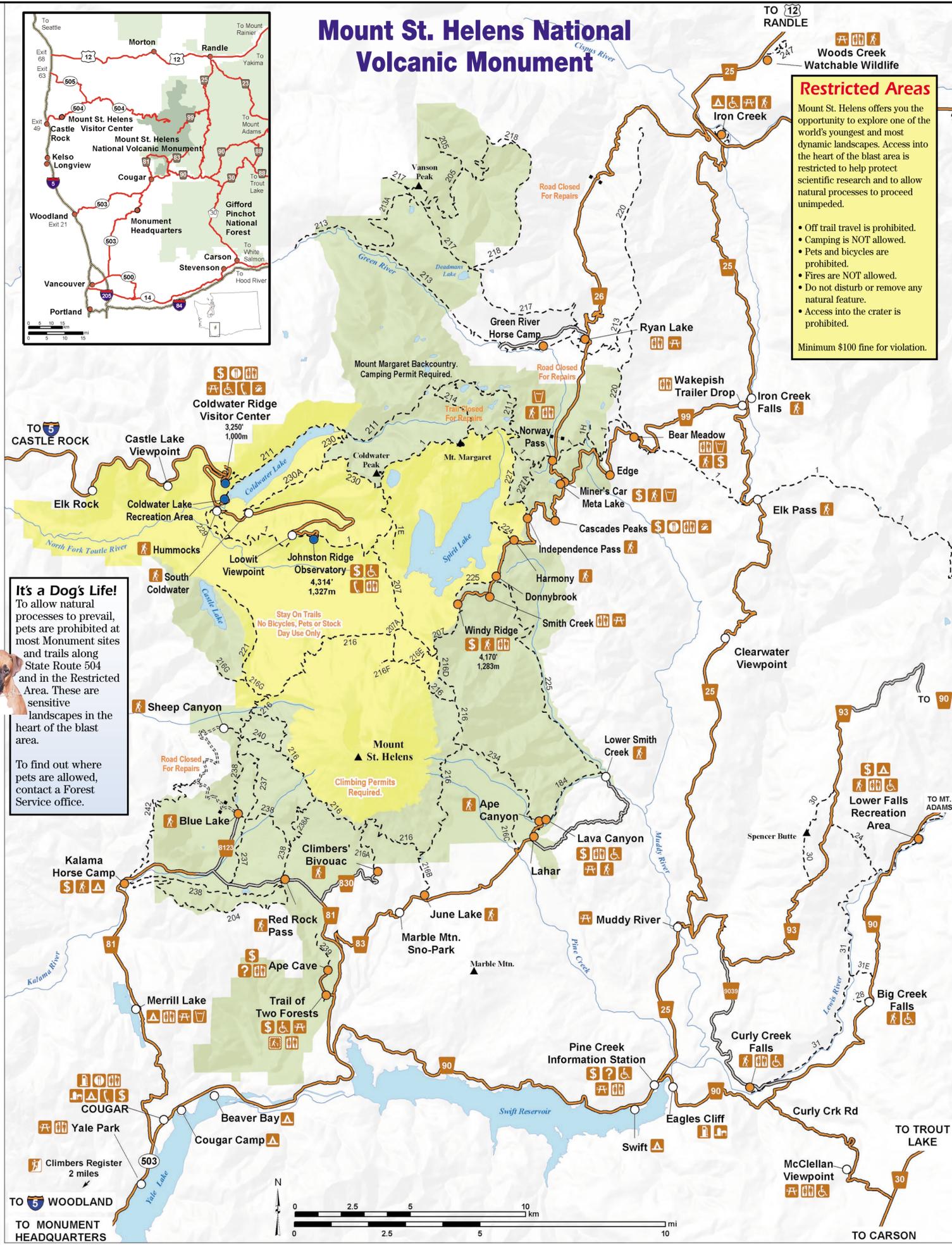
Hummocks Trail

A walk on the Hummocks trail is like a walk inside the crater. This 2.3 mile moderate grade loop trail winds through colorful rock formations that fell from the crater during a gigantic landslide on May 18, 1980. Hikers only. No pets or off trail travel.



Mount St. Helens Visitor Center

Learn the human history of the area before, during and after Mount St. Helens' 1980 eruption. The center includes: exhibits with a human history focus, a walk through a volcano model, two theater programs, 1-mile boardwalk wetlands nature trail, and a book store. Open 9:00am to 6:00pm June 15 through September 1, and 9:00am to 4:00pm in the winter. A Monument Pass is required and available here.



It's a Dog's Life!

To allow natural processes to prevail, pets are prohibited at most Monument sites and trails along State Route 504 and in the Restricted Area. These are sensitive landscapes in the heart of the blast area.

To find out where pets are allowed, contact a Forest Service office.



Restricted Areas

Mount St. Helens offers you the opportunity to explore one of the world's youngest and most dynamic landscapes. Access into the heart of the blast area is restricted to help protect scientific research and to allow natural processes to proceed unimpeded.

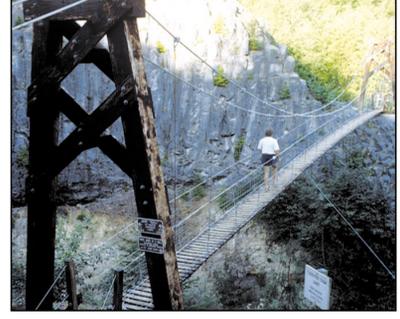
- Off trail travel is prohibited.
- Camping is NOT allowed.
- Pets and bicycles are prohibited.
- Fires are NOT allowed.
- Do not disturb or remove any natural feature.
- Access into the crater is prohibited.

Minimum \$100 fine for violation.



Windy Ridge and Spirit Lake Viewpoints

Encounter the lateral blast's full impact as you transition from green forest to standing dead forest to blown down forest. Discover Spirit Lake's immense floating forest. Open seasonally. Opportunities include: ranger-led programs, hiking trails, gift shop, and restaurant. A Recreation Day Pass is required and available at various sites along Forest Roads 90 and 99.



Lava Canyon and Lahar

On May 18, 1980, slurries of wet concrete-like mud scoured away the forest, exposing an ancient lava flow. Today, enjoy the thrill of a rushing river with impressive waterfalls. Walking terrain varies and may be slippery. Take extra caution and stay on the trail! A Recreation Day Pass is required and available here. Nearby Lahar Viewpoint offers a striking view of the mountain and the power of the mudflows.



Nearly 2,000 years ago Mount St. Helens erupted with fluid lava that formed lava tubes and tree casts that you can explore today.

Ape Cave

Discover the inside of an ancient lava flow at Ape Cave. Allow an hour to explore the lower section and two and a half hours to hike the more difficult upper portion of the cave. Expect uneven terrain and a temperature of 42°F/6°C year round. Bring warm clothes, sturdy shoes, and two light sources per person. Pets are not allowed in the cave.

Between late June and Labor Day services available include ranger-led tours, lantern rentals, and a small book store. A Recreation Day Pass is required and available here.

Restricted Area	Monument Pass Required	Information	Trail Access	Restrooms	Fuel
Mount St. Helens National Volcanic Monument	Recreation Day Pass Required	Passes Sold	Telephone	Water	Gift Shop
Locked Gate	Paved Roads	Barrier Free	Picnic Area	Restaurant	General Store
	Gravel Roads	Campground	Interpretive Trail		
	Trails				

Campgrounds Location/Agency	Location	# Of Sites	Use Fee	# Picnic Sites								
Cresap Bay - PacifiCorp	Hwy 503	73	\$	20	X	X	X	X	X	X	X	X
Cougar - PacifiCorp	Hwy 503	60	\$	12	X	X	X	X	X	X	X	X
Beaver Bay - PacifiCorp	Hwy 503	78	\$	5	X	X	X	X	X	X	X	X
Swift - PacifiCorp	FR 90	93	\$	6	X	X	X	X	X	X	X	X
Lower Falls - USFS	FR 90	42	\$	4	X	X	X	X	X	X	X	X
Lewis River Horse Camp - USFS	FR93 @ FR90	8	\$		X	X	X	X	X	X	X	X
Kalama Horse Camp - USFS	FR 81	28	\$	2	X	X	X	X	X	X	X	X
Merrill Lake - WA DNR	FR 81	8	\$	6	X	X	X	X	X	X	X	X
Iron Creek - USFS*	FR 25	98	\$	12	X	X	X	X	X	X	X	X
Sequest State Park - WA State	Hwy 504	90	\$	65	X	X	X	X	X	X	X	X

Driving Times In Hours:	Ape Cave	Lava Canyon	Pine Creek Info Station	Windy Ridge	Randle	Mount St. Helens VC	Coldwater Ridge VC	Johnston Ridge Obs.
Lava Canyon	0:15	---	0:45	2:00	2:00	1:45	2:45	3:00
Windy Ridge	1:45	2:00	1:15	---	1:15	2:45	3:45	4:00
Randle	1:45	2:00	1:15	1:15	---	1:30	2:30	2:45
Mount St. Helens VC	1:30	1:45	1:45	2:45	1:30	---	1:00	1:15
Johnston Ridge Observatory	2:45	3:00	3:00	4:00	2:45	1:15	0:15	---
Portland	1:30	1:45	1:45	3:00	2:30	1:15	2:15	2:30
Carson	1:30	1:45	1:00	2:15	2:15	2:45	3:45	4:00
Woodland	1:00	1:15	1:15	2:30	2:30	0:45	1:45	2:00
Castle Rock	1:30	1:45	1:45	3:00	3:00	0:15	1:15	1:30
Seattle	3:30	3:45	3:45	3:45	2:30	2:00	3:00	3:15
Mt. Rainier N.P. (Paradise)	2:45	2:45	2:15	2:15	1:00	2:30	3:30	3:45

*Reservations Accepted, Call 1-877-444-6777